### neighborhood HEALTHCARE













### 2021 Annual Report



# better together

Dear Neighbors,

This past year continued to offer extraordinary challenges and incredible opportunities to serve all our patients with quality, compassionate care regardless of their circumstance. In doing so, we remained steadfast toward our mission.

Our 900 employees went above and beyond in 2021 and I am honored to work alongside them every day. Most, if not all, days in 2021 presented a different, time-sensitive challenge. Each day, employees went face-to-face with challenges and proposed solutions for each other and our patients.

Most notable, Neighborhood Healthcare's practitioners administered more than 110,000 COVID-19 and flu vaccines, with more than 10 percent of them to children 18-years-old and under. Our team also conducted more than 40,000 COVID-19 tests in dozens of public events at no cost to the patients. These efforts directly enabled the communities that we serve to weather the storm of the pandemic's many surges and emerge from the pandemic's grip as quickly as possible.

Even while COVID required constant vigilance, the team at Neighborhood never wavered from providing wholeperson care. The behavioral health team's effort to create mobile facilities for high school students in Escondido is a prime example. Dental health outreach initiatives in Riverside and San Diego Counties also ensured families received needed preventative and restorative treatments and access to essential women's health, podiatry, pharmacy, vision, prenatal, and other services. In partnership with other non-profit and government agencies, we assisted countless patients in enrolling in Medi-Cal, Covered California, CalFresh food assistance, and social services.

All of this happens thanks to the support of our generous donors, sponsors, and community partners. As always, they served as our catalyst in all our achievements this year.

Time and again, individuals, families, staff, and philanthropic organizations demonstrated their incredible support in 2021 through financial backing and donations of food and supplies to support Neighborhood. These donations allowed us to provide for our community's most vulnerable. We felt the outpouring of support in each contribution, message, and item. Our donors and community partners play the most important role in helping us care for our critically ill patients who, without donations and collaborations, could not access our life-saving services. We promise you that our drive to innovate, grow, and adapt to the changing healthcare needs of our communities will only continue in 2022!

From the bottom of my heart, thank you for your commitment, support, and advocacy. Gratefully yours,

Ruh Ot

Rakesh Patel, MD, MBA, FAFP, CPE Chief Executive Officer



### A community where everyone is healthy and happy.

As a non-profit 501(c)(3) community health organization, Neighborhood served over 390,000 medical, dental, and behavioral health visits in 2021. Each was in pursuit of our mission:

To improve the health and happiness of the communities we serve by providing quality care to all, regardless of situation or circumstance.

### **Board of Directors**

Our Board of Directors helps guide the organization in its mission to improve the health and happiness of the communities we serve. We thank them for their selfless dedication.

#### Alan Conrad, MD, President

Cabiria "Bea" Lizarraga, Vice President Katherine "KC" Schafer, Secretary William "Bill" Smith, Treasurer Christopher Cruz, Director Cynthia Tam, Director Judith Descalso, Attorney at Law, Director Elmer Cameron, Director Fabiola Rivera, Director Federico Salas, Director Laura Nunn, Director Nasir Al Samaraie, Ph.D, Director

2

# It's Okay to not be Okay



### 66

For the first time, I felt validated in a healthy way.

-Christina, Neighborhood Patient



### Christina's story is one of hope and healing. She bravely shared her story with over 300 guests at Neighborhood Healthcare's 23rd Annual Fundraising Gala.

"I was in and out of the foster care system as a child," Christina shared, and bravely continued. "With 30 years of abuse and dysfunctional parents, you begin to realize that just because dysfunction is normal for your family, doesn't mean it's right."

Christina, 35-years-old and afraid to seek treatment, lived in fear that she would be seen as an unfit mother and that her kids would be taken away if she sought help. Having been separated from her biological parents at 13 and placed into the foster care system, Christina explained her younger years as, "strained, unstable, with lots of moving in and out of stranger's [foster] homes." For many years, before arriving at Neighborhood, she dealt with her trauma the only way she knew how: alone.

During a routine medical visit to Neighborhood, Christina received depression pre-screening. When recollecting this moment, she shared, "Something deep within my spirit told me to tell the truth. I had this epiphany: when I keep quiet, stigma wins – and I cannot continue to let that happen."

Now, Christina and Jennifer Woodworth, Psy.D meet every Tuesday. To Christina, these appointments are a lifeline to sustaining and improving her mental health. She commented, "I wouldn't miss it for the world. I don't schedule anything that would interfere with my Tuesday appointments. I refuse to miss it. There was one time when I had joint pain, headaches and migraines. I almost missed my appointment. I told Dr. Woodworth about it, and she suggested I visit Neighborhood's acupuncture and chiropractic services. I didn't even know those services existed. After my acupuncture appointment, Dr. Woodworth reached out the next day to ask how it went. She told me that she was proud of me for making my medical and mental health a priority. The fact that she called the next day...I don't have the right words to describe how nice that was."

Christina admitted that without proper treatment, depression would get worse and last longer. Because of this fact, she plans to do therapy for the rest of her life.

Christina shared, "Dr. Woodworth always reminds me that I'm the one doing the work. For the first time, I felt validated in a healthy way. I don't know how I got so blessed to have a doctor that truly cares about me."

Having suffered from Post-Traumatic Stress Disorder (PTSD) and depression for as long as she could remember, Christina is relieved to have names for those things that she's been feeling. She continued, "Recovery is a long, tedious one. It's gut-wrenching. Seeing how far you've come, though, makes you grateful for your highest highs and your lowest lows. I feel renewed after receiving therapy at Neighborhood, and now I want to use my pain for a purpose. I want to show others that your pain does not define you."

Christina is well on her way to health and happiness, acknowledging the brain is one of the largest organs in a person's body and that we all need to take good care of it – and that it is okay to not be okay.

Currently, Christina is dreaming of becoming a registered art therapist, using her talents to help foster youth in transition.

To hear Christina share her own story, visit nhcare.org/christina-patient-story

# Neighborhood Healthcare Opens PACE Center

Neighborhood Healthcare PACE opened in Riverside on July 1, 2021. The new 19,000-squarefoot location offers tailored medical care to seniors from a medical team specializing in aging and chronic conditions.

For many, the facility offers a welcomed alternative to a nursing home. The PACE Center uses an interdisciplinary team to provide medical care and coordinate support services that help keep people in their homes and near friends and family.

"Community health is about more than just vaccines and checkups. It's about giving people the resources they need to live their best lives," said Rakesh Patel, MD, CEO of Neighborhood Healthcare. "Caring for seniors in this manner means providing the resources to do so in a comprehensive way that empowers these individuals to thrive in their community. We're excited to open this facility in Riverside!"

Neighborhood Healthcare PACE's medical team works with therapists, dieticians, social workers, and home care nurses to create a customized care plan for each participant to ensure optimal health, safety, and well-being. The facility is located at 4371 Latham St. in Riverside. Services are coordinated daily by the team of healthcare professionals and activity managers. They include:

- Primary and specialty care
- Transportation to the PACE center and other medical appointments
- Assistance at home with daily activities
- Social activities
- Medication management
- Rehabilitation therapy
- Meal planning and preparation

"The care team is the magic of PACE. It is this team of providers, who know their patients so well and interact with them daily, who make it possible for seniors to live at home and age with dignity," said Heather Washington, MD, Neighborhood Healthcare's PACE Medical Director. "By coordinating the care needs of each senior, the PACE team provides the helping hands so important to the health and well-being of aging adults."

To learn more, call 844-642-7223 or visit NHpace.org.



Neighborhood Healthcare PACE (Program of All-Inclusive Care for the Elderly) is an alternative to nursing home care that provides customized healthcare and social support to help aging adults remain independent and living in their homes.

# **Fundraising Gala**

### **Neighborhood Healthcare breaks** all-time record at 2021 fundraising gala.



Visit nhcare.org/gala or email Philanthropy@nhcare.org to learn more about the 2022 gala, purchase tickets, or become a sponsor.

#### Want to give back?

Visit **nhcare.org/donate** or contact philanthropy@nhcare.org to learn more about donating, volunteering, and other ways to keep our communities happy and healthy.

We're grateful for the continued support we received from so many organizations and generous individuals.

- Rakesh Patel, MD, MBA, FAFP, CPE

Chief Executive Officer Neighborhood Healthcare

Neighborhood Healthcare broke all records at the 2021 fundraising gala by raising nearly \$375,000 at The San Diego Zoo Safari Park.

Funds raised at the gala will expand the organization's services, including the upcoming launch of a school bus-size mobile healthcare unit that will service local area high schools to increase access to behavioral health services and address health equity.

"We're grateful for the continued support we received from so many organizations and generous individuals," said Rakesh Patel, MD, CEO of Neighborhood Healthcare. "This event exceeded all expectations and demonstrated how communities could rally around each other in these unprecedented times. Now more than ever, our mission to provide quality, comprehensive, compassionate care to everyone regardless of circumstance is greatly needed."

The "Back to the 80's Gala" included music, silent and live auctions, and touching messages from those that Neighborhood has helped. The nonprofit also honored one of its long-standing supporters, Maxine Kreitzer, with its annual Servant Leader Award, for her more than two

#### SPECIAL THANKS TO OUR SPONSORS



decades of support that raised hundreds of thousands of dollars in support of Neighborhood.

In addition to the mobile healthcare unit, the funds raised from the gala will expand other Neighborhood services throughout Riverside and San Diego Counties. These include behavioral health, dental care, women's health, podiatry, pharmacy, vision, prenatal, and other services in addition to primary care. The organization also offers patients assistance to enroll in Medi-Cal, Covered California, CalFresh food assistance, and social services.

"This event went a long way in helping us expand our range of programs and resources that address many of the barriers our patients face on their road to health and happiness," said Tina Pope, Director of Philanthropy and Patient Experience for Neighborhood Healthcare. "The support we received from so many individuals and organizations will help us continue to bring positive change to our communities; change you can see firsthand in the smiles of the patients we serve."

### Jack and Caroline Raymond

#### Gary and Maxine Kreitzer









ALEX NUNEZ LISA & HAROLD DAIGLE DR. JIM & SHELLEY SCHULTZ DR. RAKESH & RINA PATEL JEFFREY AND MARYBETH GLENN

BLACKWELL **BOULDER ASSOCIATES, INC. CALIFORNIA BANK & TRUST** CHW. LLP CITY NATIONAL BANK CONRAD COMPANIES CORDAY AND HARTNEY. PLC HHJ TRIAL ATTORNEYS -ACCIDENT & INJURY ATTORNEYS INTERSECTION JAR INSURANCE SERVICES M BAR C CONSTRUCTION

SKAJA & DANIELS, ATTORNEYS AT LAW TURNER IMPACT CAPITAL VALLEY RADIOLOGY

# Maxine Kreitzer: 2021 Servant Leader Honoree



Neighborhood Healthcare honors a special individual each year at the annual Fundraising Gala. The Servant Leader Award goes to an individual that exemplifies selflessly giving back to those in need - be it through time, talent, or treasure – and who inspires others to do the same.

The gala committee unanimously selected Maxine Kreitzer as this year's honoree, knowing her dedication and love for others. She leads by example and her desire to help others is nothing less than inspiring. Maxine has been a friend of Neighborhood for over 22 years, serving on our gala committee and assisting with other events, projects, and fundraising along the way.

Maxine is humble, kind, and one of the most generous and gracious people Neighborhood knows.

Learn more at nhcare.org/Maxine

## Awards

Neighborhood received recognition from the Health Resources and Services Administration (HRSA) for providing quality healthcare and earned the following two awards:



**Advancing Health Information** Technology (HIT) for Quality Awarded to health centers that optimized HIT services, for advancing telehealth, patient engagement, interoperability, and collection of social determinants of health, to increase access to care and advance quality of care.



#### Patient Centered Medical Home (PCMH) Recognition

Health centers with PCMH recognition in one or more delivery sites. This badge is awarded through the National Committee of Quality Assurance (NCQA) and updated annually.

#### San Diego's Top Doctors 2021

San Diego Magazine & San Diego County Medical Society (SDCMS) recognize physicians who are held in the highest regard by their peers. Voters are asked to vote for physicians within and outside their specialty to whom they would refer their friends and family. Through this process, 730 physicians were chosen in 109 specialties.

Last year's Top Doctors from Neighborhood included:

- Dr. James Schultz Dr. Nathan McFarland
- Dr. Kulin Tantod





#### **COVID-19 Data Reporter**

Supported data for public health emergencies with response rates of 90% or more to the weekly Health Center COVID-19 Survey from April 10, 2020, to July 2, 2021.



#### **Target BP: Level Silver**

Awarded through the American Heart Association (AHA) and the American Medical Association (AMA) for demonstrating a commitment to improving blood pressure control through measurement accuracy among adult patients.

- - Dr. Kathryn McHenry Dr. Paige Thiermann
- Dr. Gabriel Rodarte
- Dr. Melissa Bishop

# A Renewed Relationship with Health and Healthcare



"I never, ever, went to regular doctors' appointments. I only ever went to emergency rooms," replied Hadra. "Because every time I went to an appointment, the doctor would rush in and be rushed. I would always get glossed over. I remember in my younger years going to the doctors because of stomach pains and high blood pressure only to be told that I needed to lose weight and continue taking my medication. It was always cold and short."

After relocating to Menifee, Hadra's daughter recommended she find a new doctor in the area, one closer to home. Hadra's daughter strongly recommended she establish care with a new Primary Care Physician to give her health a fighting chance. Her daughter promised that this time would be different. Reluctantly, Hadra agreed. The next week, Hadra had her first appointment with Dr. Sandhu. She's never looked back.

Years later, and with a happier and healthier self, Hadra grinned from ear-to-ear as she reminisced on her first appointment with Neighborhood Healthcare:

"From the moment I walked into Dr. Sandhu's office, he just listened! He introduced himself and asked how he could help me. He really looked into my eyes and waited for me to respond. He really listened! He didn't have a tablet in his hands, he was solely focused on me in that moment."

Smiling even more so, Hadra continued, "I was taken by surprise. Almost speechless. Eventually, I said that I've never had a doctor listen to me. That was five years ago, and I'm still smiling about that experience."

Immediately following her first appointment with Dr. Sandhu, Hadra decided that she was going to lose weight once and for all. She recalls, "That day, I made a 30-year change in my health. I started eating healthy based on the recommendations Dr. Sandhu gave me. Then, my headaches disappeared. Then, my blood pressure began to drop. To date, I've lost 60 pounds."

Dr. Sandhu, as said best by Hadra, "remembers everything about you, even the small details, like my family members' names and where I went for vacation. He comes to you as a person and I sincerely believe that I'm his family, not his patient. And he's part of my family, too."

### **From the moment** I walked into Dr. Sandhu's office, he just listened!

—Hadra, Neighborhood Patient

With a renewed sense of self and an improved relationship with healthcare, Hadra became her own patient advocate not only for herself, but for her family too. Hadra began suggesting Dr. Sandhu to everyone she knew. Hadra's daughter, the one who made the first appointment on her mother's behalf, is now Dr. Sandhu's patient. Even her daughter's boyfriend has established care with Neighborhood and is currently receiving care from Dr. Sandhu. It didn't take long for all members of Hadra's immediate family and extended family to begin receiving high-quality care from health professionals who care — all of them continue to see Dr. Sandhu.

Hadra recounted her significant life changes with pride, explaining that it was because someone believed in her that she started to believe in herself. She said, "Dr. Sandhu set realistic goals for me and encouraged me all the meanwhile." And when asked about the care her daughter and her daughter's boyfriend have received with Neighborhood, she commented, "Great! I don't know what Dr. Sandhu said to my daughter's boyfriend, but he quit smoking cigarettes!"

She continued, "For so long, I felt ugly. I was rotten. I thought to myself, if I die, then I die, but after seeing Dr. Sandhu and beginning to change my life around, I want to live and be healthy. I want to feel and look good. I used to be an overgrown, bruised tomato. Now I'm a young, fresh, ripe tomato. And I plan to keep it that way."

# By the Numbers

Providing quality, affordable, and compassionate health services to a growing number of our patients in the community.

Patients: 77,689 Children: 21,667 (17 and under) Outpatient visits: 391,214 Neighborhood Healthcare's Affiliate Partners for CY 2021

Affiliate Partners: 22 Medical patients: 7,000 Dental patients: 5,000 Visits: 40,000 More than 110,000 COVID vaccines administered! Number of visits FY 2021



The financial information contained in this annual report represents a condensed version of the Fiscal Year 2021 audited financial statements. A complete set of the audited financial statements, with accompanying notes and report of an independent accountant, is available at Neighborhood Healthcare's administrative offices.

#### **Financial Growth**

Growth in Assets for the fiscal years 2017 to 2021

	2017	2018	2019	2020	2021
Total Assets	\$56,642,421	\$57,606,319	\$62,260,441	\$76,651,787	\$105,405,269
Net Assets	\$43,654,297	\$44,339,870	\$47,124,720	\$59,975,143	\$87,874,741

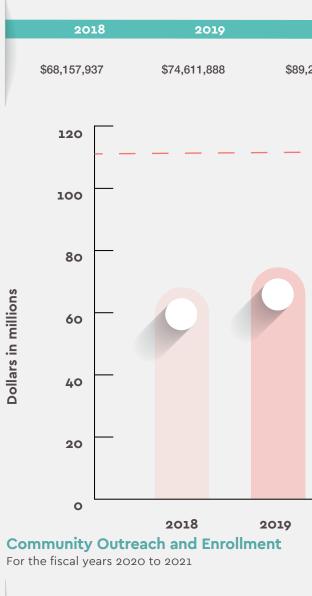
#### **Financial Growth Chart**

Growth in Total Assets and Net Assets in millions for the fiscal years 2017 to 2021



#### **Operational Budget**

For the fiscal years 2018 to 2022



Cal-Fresh
Covered CA
Medi-Cal
Total Engagement
Cal-Fresh
Covered CA
Medi-Cal
Total Number of Patients Enrolled

2020		202	21		2022	
254,013		\$93,538,4	16	\$111	,723,388	
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	2019		2021		2022	
		0000			0001	
		2020			2021	
		1,554 1,394 14,453			1,935 957 12,813	
		17,401			15,705	
		1,071 907 9807			975 628 8,669	
11,785				10,272		

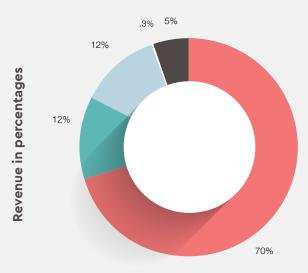
#### **Statement of Activities**

For the fiscal years 2020 and 2021

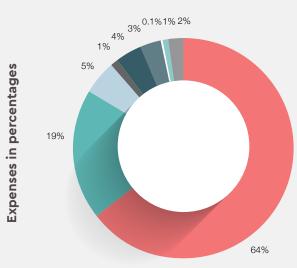
	2020	2021
Patient and third party net revenues	\$76,135,157	\$91,793,455
Capitation revenue	\$13,578,227	\$15,486,710
Grant revenue	\$10,106,245	\$15,689,059
Donations	\$298,461	\$447,596
Other	\$1,587,039	\$7,161,669
Total Revenue and other support	\$101,705,129	\$130,578,489
Personnel	\$60,048,235	\$66,146,597
Contract services	\$15,114,621	\$19,257,798
Supplies	\$4,316,990	\$4,897,798
Communications	\$687,146	\$897,124
Equipment	\$3,033,357	\$4,471,247
Occupancy	\$2,487,757	\$3,491,933
Insurance	\$202,316	\$274,209
Depreciation and amortization	\$1,374,848	\$1,495,492
Other expenses	\$1,674,118	\$2,012,515
Total Expenses	\$88,939,388	\$102,944,713

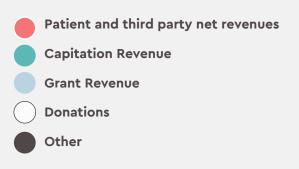
#### Revenue

For the fiscal year 2021



**Expenses** For the fiscal year 2021







#### Visits by Program

For the fiscal years 2017 to 2021

	2017	2018	2019	2020	2021
Medical	224,594	219,239	241,034	277,735	273,568
Dental	21,439	22,791	29,306	45,765	49,999
Behavioral Health	26 549	20.075	25 000	40.416	67 647
Denavioral Realth	36,548	38,875	35,898	48,416	67,647

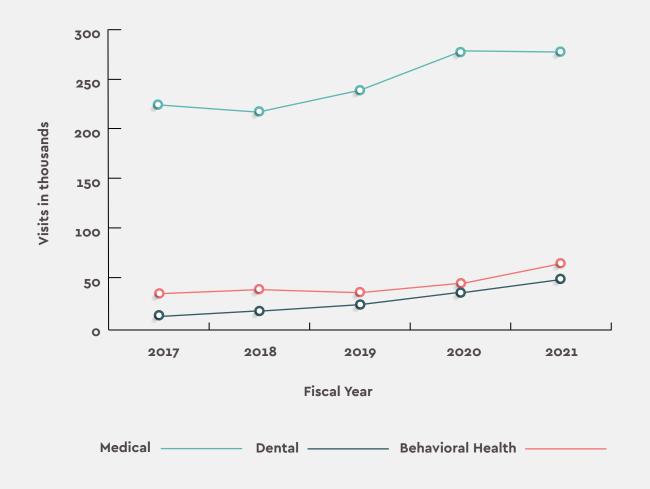
#### Visits by Payor

For the fiscal years 2017 to 2021

	2017	2018
Uninsured	19,358	19,593
Medi-Cal	223,239	221,316
	·	,
Medicare	25,269	26,840
Public Insurance	12,186	11,002
Private Insurance	2,529	2,154
	-	
Total Visits	282,581	280,905

#### Visits by Program Chart

For the fiscal years 2017 to 2021





top priority!

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2019	2020	2021	
22,255	27,820	27,297	
241,291	293,374	311,347	
29,637	37,729	39,547	
10,639	10,373	9,697	
2,416	2,620	3,326	
306,238	371,916	391,214	

Being better together means giving all communities access to the quality healthcare they need, and that includes protecting patients against the COVID-19 virus. Thanks to your support, we administered more than 110,000 vaccines to individuals, including children, to keep them and their loved ones safe. Helping families stay healthy will always be our

> —Alex Nunez Chief Growth Officer Neighborhood Healthcare

## Grants

Neighborhood Healthcare continues to secure grant funding, allowing us to pursue quality improvement initiatives and programs ensuring the highest guality of patient care. As a result, we can maintain the same level of guality care at each of our locations by ensuring equitable distribution and access to diagnostic equipment. We are grateful to each of the many foundations, corporations and agencies that have supported us. These organizations include the Escondido Rotary Foundation and others that provided for our "Reach Out and Read" program for early literacy development and our new Mobile Health Center.

The U.S. Health Resources Services Administration (HRSA) also continues to provide vital support to Neighborhood and health centers across the country. The unwavering commitment to underserved populations ensures each patient has access to high-quality, whole-person health care.

Moreover, our award-winning Community Outreach and Enrollment team working across two counties makes a difference for thousands of people. Working with the Inland Empire Coverage and Health Initiative and the Inland Wellness Information Network, these dedicated healthcare professionals have expanded their ability to assist people with obtaining health insurance. The team's dedication and compassion in helping with enrollments extend beyond the initial work to helping problem-solve issues so patients can maintain their care.

We are grateful to all those who support Neighborhood and look forward to our continued partnerships.



#### Reach out and Read

Neighborhood's Reach Out and Read program promotes early-childhood literacy for its patients between six months and five years of age. In the last fiscal year, Neighborhood provided books to 4,771 patients during their well-child visits. Every book provided is both age and languageappropriate (English, Spanish and Arabic), specifically chosen for each patient.

Partnering with Reach Out and Read San Diego, and the National Reach Out and Read program, Neighborhood incorporates reading within the medical visit. Nine Neighborhood health centers participate in the program with Pediatricians who encourage patients and families to read aloud childhood literacy results in better Kindergarten readiness, stronger language skills, and overall educational success.

Neighborhood is honored to receive funding for the Reach Out and Read program from Believe in Reading through The Steve and Loree Potash Family Foundation.

To further the program's success, Neighborhood is in search of new and gently used books for all ages, volunteers to read to children in its waiting rooms, and Corporate or Individual donors who are interested in sponsoring the program at one or more locations. For additional information, contact Amber Berkey, Development Manager, at amber.berkey@nhcare.org.

### **Mobile Behavioral Health Support** from **UnitedHealthcare**

### UnitedHealthcare awards Neighborhood to expand teen behavioral health initiatives.

Neighborhood received funding from UnitedHealthcare to expand its behavioral health services to teens. Funding will support districts to create awareness of the the efforts to establish a mobile unit to provide behavioral health onsite at local area that encourages seeking help using multiple high schools.

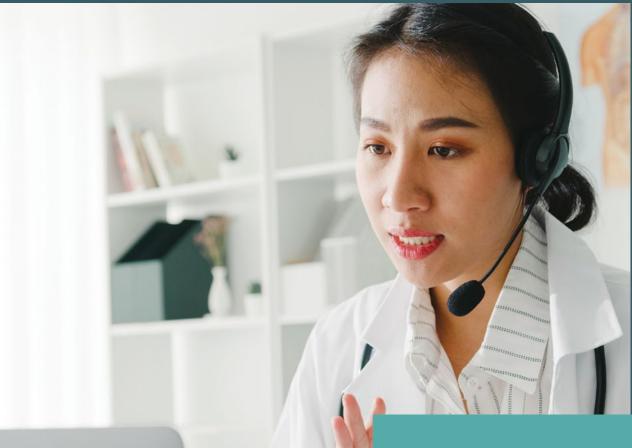
"This program will serve high schools, increasing access to services and addressing health equity starting at Del Lago Academy, with the full support of the Behavioral San Pasqual High, Escondido High, Valley High and Orange Glen High," said stepped up care. Alejandra Postlethwaite, MD, DFAACAP, The school-based care program will cost Neighborhood's Behavioral Health Associate Medical Director. "With a growing number approximately \$720,000. of 9th and 11th-grade student population More information on Neighborhood's in the school district reporting depressionbehavioral health services is available at related feelings, it is abundantly clear nhcare.org/health-services/behavioral/ there is a critical need for behavioral health services. We're grateful to UnitedHealthcare for supporting these efforts that are in line with our stated mission to provide quality. compassionate, whole-person care to everyone regardless of circumstance."

Neighborhood's goal with this mobile behavioral healthcare program is to provide

easily accessible services while maintaining confidentiality. Working with local school availability of services and an atmosphere modalities. Both students and parents will have access to educational resources through the school's website and QR codes. Licensed therapists will provide counseling Health Department should any student need



## Access to Care





Mobile Health Team for CY 2021 Total Visits: 5,934 Total Patients: 4,439

### Mobile Health Team Making a Difference for our Most Vulnerable

The COVID-19 pandemic highlighted an everincreasing need to provide care to patients with complex and chronic medical conditions outside of the medical facility. This group includes a variety of people with special health needs, those who are home-bound, or people who don't have regular access to preventative services.

Neighborhood Healthcare decided to take a proactive approach and utilize a mobile care team to provide essential health services as an extension to the healthcare facility.

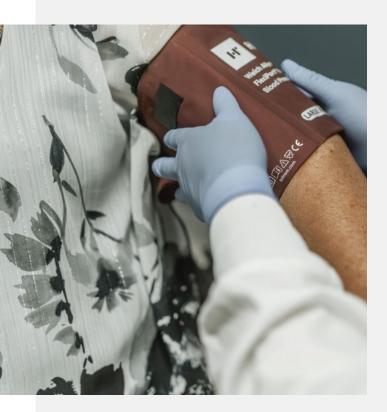


The Mobile Health Team provides a "safety net" for patients identified as high-risk or who lack the resources to acquire those services on their own. There are now four Mobile Health Teams comprised of a Project Manager, Medical Mobile Service Assistant, and a Better Health Specialist who serve patients in the San Diego and Riverside County areas.

The mobile vehicles are outfitted with the equipment and staff to provide essential services to respond to the changing community needs and environment, including laboratory services, COVID testing, blood pressure checks, dental screenings, pediatric well visits, and diabetic retinal scanning.

# Neighborhood Healthcare Institute of Health

Altura collaboration expands access to innovative medical advances for historically underrepresented patients



Neighborhood launched the

Neighborhood Healthcare Institute of Health (NIOH), a research center in Escondido. Working with Altura, a 20-year, health-related research and technology veteran with deep domain expertise in servicing Federally Qualified Health Centers (FQHCs), will expand access to innovative medical advances to the non-profit's patients.

"By launching our own research center, we can provide the ability for our patients to gain access to the state-of-the-art medical care they deserve, regardless of their situation or circumstance," said Jim Schultz, MD, Chief Medical Officer of Neighborhood Healthcare. "Our involvement also ensures that our patient population is given the appropriate attention in future trials."

Neighborhood's infrastructure enables the organization to launch this initiative and ensure full compliance with all federal, state, and local regulations. Patients involved in the non-profit's studies will retain complete control over their participation through informed consent. These individuals will help increase the diversity of FQHC



patients involved in medical studies in trusted, transparent environments. Doing so will boost the expediency and efficacy of new and existing medical devices, pharmaceuticals, and therapeutic treatments.

Altura will assist Neighborhood by deploying its performance management services as well as its HCP Studies™ mobile platform, both of which include culturally competent and bilingual capabilities. The partnership will enable virtual and local clinical trials that connect patients, healthcare providers, and other healthcare stakeholders to accelerate clinical studies with diverse patient populations.

"Neighborhood's vision and mission are aligned with the need of expanding research access to underserved populations through the people they trust," said Pete Fronte, President & CEO of Altura. "We're pleased to partner with another community-driven, patient-based organization that can help expand diversity in clinical research and health studies." NIOH focus areas will include any acute or chronic outpatient medical condition, including diabetes, obesity, mental health, COVID, pediatrics, women's health, respiratory, infections, and cardiovascular.

#### About Altura

For over 20 years, Altura has helped establish health research and patient outreach programs within medical practices of all types, including FQHCs. Altura facilitates virtual and local healthrelated studies and connects people, healthcare providers, health systems, life science companies, and other healthcare stakeholders to accelerate clinical studies with diverse patient populations. Altura enables local, regional, and national ecosystems through its virtual services and HCP Studies™ mobile technology (available in 24 countries).

For more information, visit alturastudies.com.

# **Our Values**



#### We Are Compassionate

We view kindness and empathy as essential to the health of our community.



#### We Have Integrity We cultivate trust by treating

everyone with dignity and respect.



#### We Are Professional

We are health experts committed to delivering excellent patient experience.

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#### We Are Collaborative

With patients, colleagues and partners, we work together as a team.

 $\uparrow$ 

#### We Go Above & Beyond

When it comes to helping others, we are never satisfied with good enough.

### neighborhood

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