

ANNUAL 2018 REPORT



## MISSION

Neighborhood Healthcare is committed to providing quality health care and promoting wellness to everyone in our communities, focusing on those most in need regardless of the ability to pay.

#### **Board of Directors**

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Cabiria "Bea" Lizarraga, Vice President
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These services are a given, but truly our goal is to help move our patients from sickness to wellness, from having unmet social needs to being on equal footing. In the end, we will always continue to make sure healthcare is a right and not a privilege.



This past year, Neighborhood Healthcare has continued to provide a high level of quality of care to its 66,000 patients in two counties in 14 locations. We have mirrored our work around the quadruple aim framework, which looks to improve the health of the population, enhance the patient experience, improve the clinician experience, while reducing costs.

- We have always been a leader in providing comprehensive diabetes care. We were early adopters of the Project Dulce model, utilizing nurses who are certified diabetic educators to provide robust diabetes care. We expanded the model to include retinal photography to detect diabetic eye disease, and this year have added podiatry services with the goal of preventing amputations.
- We have been actively seeking collaborative partners in the community to better leverage the services we all provide. We have deepened our partnership with Interfaith, giving us a greater ability to help our patients with their unmet social needs.
- Receiving health care at Neighborhood Healthcare is much more than primary, dental and mental health care. These services are a given, but truly our goal is to help move our patients from sickness to wellness, from having unmet social needs to being on equal footing. In the end, we will always continue to make sure healthcare is a right and not a privilege.

Sincerely,

Dr. Rakesh Patel CEO Rakesh Patel, MD, FAFP, CPE







# Cold Small? Men of small and small a

#### Since April 2018

- 1,800 patients have been seen at Poway totalling 4.449 visits.
- 722 of these visits were Behavioral Health visits with youth 18-years-old or younger
- Every patient is screened for 10 social determinants of health
- Many of our patients are monolingual. They speak English, Spanish, Russian, Arabic, Bangla and Tagalog.

#### HOW ARE WE DOING?

- "The staff here is amazing in every way. Thank you all!!! —Cyndi"
- "They were so helpful and had a great greeting and made Liz feel very comfortable. The Dr. was very nice and Liz really liked her. Thank you for the great service you gave to this special needs adult. —Patty Bigler Care Provider."
- "Excellent service. Everyone was extremely helpful.

  Of note. Edwin was awesome!"
- "Because I've been helped always so nicely and all my appointments have been on time, Dr. Sauriol has been so accurate and helpful with my conditions. Personnel is great. I get a reminder for all my appointments—no problem in getting my prescriptions."



## IMPROVING ACCESS TO SPECIALTY CARE FOR PATIENTS



Community health centers like Neighborhood Healthcare comprise the US's core health-safety net and provide primary care to anyone who walks through their doors. However, access to

specialty care for community health center patients has been a big challenge due to funding and long waiting lists at local specialty centers.

These services are critical for continued and consistent recovery or health maintenance and it has been Neighborhood Healthcare's priority to provide affordable specialty services at the same location where a patient sees their doctor.

Last year, Neighborhood Healthcare succeeded in bringing affordable specialty care—chiropractic care, acupuncture and podiatry—to thousands of patients at its 14 health centers.

Having a podiatrist provide patients with education about the important of avoiding any infection that could lead to an amputation is making a big impact with diabetic patients. For those patients suffering from chronic pain, chiropractic care and acupuncture can often provide desired relief with little to no cost to patients.

In addition to better healthcare outcomes, community health center patients are no longer seeking out Emergency Centers for back pain, migraines or wound care. Both the patient and entire community benefits when there is easy and affordable access to specialty care.



Primary care services we offer have been our main focus for decades. This care has enabled us to provide convenient, high quality, and technologically advanced medicine.

Today with specialty care services, we are able to better assist our patients dealing with pain or complications from diabetes.



### Patients: **66,000**

Children (12 and under)

16,641

Outpatient visits/year

280,905

#### COMMUNITY OUTREACH

Engagements #Patients (Visits) Enrolled

Cal-Fresh

1,086 700

Covered CA

1,566 1,048

Medi-Cal

8,453 5,470

Total 11,105 7,218

### 20<sup>™</sup> ANNUAL PACE SETTER SUCCESSFULLY RAISES FUNDS FOR PATIENTS

The 20th annual Pace Setter gala was a great success. Thanks to our generous sponsors, volunteers and attendees, we raised \$280,110 for patient care at the Gold Family Health Center in Poway and unfunded care for patients at all our 14 health centers. A special thank you goes to our title sponsors Vantage Healthcare and BioMed Realty.

Email Connie Burke at connieb@nhcare.org for sponsorship opportunites.



## Save the Date

21ST ANNUAL PACE **SETTER GALA** 

Saturday, June 1, 2019 5:30 - 9:00 pm Orfilia Vineyards Escondido, CA



## HELPING NEW IMMIGRANTS SUCCEED



Gabriela's Gabriela\* had just relocated to the United States with her 5-year-old-son, Danny, when she received an enrollment packet from her son's elementary

She does not speak English and found that enrolling her son into public school required many steps and healthcare exams.

She was overwhelmed, afraid, and concerned about not meeting the school's enrollment deadline, since neither she nor her son were covered by health insurance nor could she afford medical and dental visits.

The elementary school counselor referred Gabriela to Neighborhood Healthcare (NHcare). When she was told that her son had cavities, she was afraid that school officials would not let her son attend school.

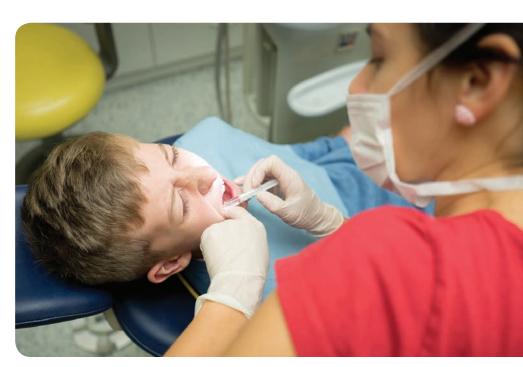
With the assistance of Neighborhood Healthcare's Certified Enrollment Counselor, Gabriela was able to get the medical and dental care she needed for her son and enroll her son in school before the deadline.

"Thank you so much for helping me and my son. I am grateful he is in school and learning," she said.

\*Patient asked that her real name not be used for this story.

#### SCHOOL **FNROLLMENT**

With the support of Neighborhood Healthcare, this child now receives the proper medical and dental treatment/coverage he needs to attend school and lead a healthy life. His mother is more at ease and is confident because she can count on Neighborhood Healthcare for additional support as needed.



Partnerships
Combining resources creates a healthier
community: Interfaith Community Services



"By working closely together, this unique partnership seeks to address the social determinants of health that contribute to a person's well-being, thus creating a healthier community."

—Greg Angela, CEO Interfaith Community Services

## ADVANCING HOPE AND HEALING

COMMUNITY, CORPORATE AND GOVERNMENT PARTNERSHIPS

## inter faith

#### **Interfaith Community Services**

Neighborhood Healthcare (NHcare) has a robust Behavioral Health Department providing a wide range of services that are now available to Interfaith clients.

The two agencies formed an alliance this past year deepening their existing partnership to combine unique resources that support some of the most vulnerable clients and patients with complex needs.

This formal partnership is streamlining care for Neighborhood Healthcare patients by connecting them to Interfaith's continuum of substance abuse services including detox, residential housing, transportation, employment, senior services and more.

Neighborhood Healthcare offers Interfaith clients medical, dental and behaviorial healthcare services and collaborates coordination of care. Some of this work has been grant funded thanks to the Escondido Charitable Foundation, however, future funding is needed to continue this partnership.

"We salute your commitment to those in need and the success achieved by providing quality health care and promoting wellness, while delivering exceptional and sustainable care to our communities."

— Timothy M. Schoen President and CEO BioMed Realty





#### BIOMED REALTY FUNDS PATIENT CARE

Special thanks to BioMed Realty headquartered in Rancho Bernardo for serving as the Pace Setter's Title Sponsor for nine consecutive years. This year BioMed donated over \$30,000 to help fund patient care.

## UC San Diego

### SAVING LIVES

INCREASING TIMELY CANCER SCREENING FOR HISPANIC PATIENTS: UNIVERSITY OF CALIFORNIA, SAN DIEGO (UCSD)

Neighborhood Healthcare partnered with UCSD this past year through the "Colorectal Screening Strategies for Community Health Centers" research grant that was funded by the American Cancer Society Research Scholar program.

Colorectal Cancer (CRC) is the second leading cause of cancer death in the United States, but convincing evidence shows that CRC screening can reduce CRC incidence and mortality.

Compared to non-Hispanic Whites, Hispanics are more likely to be diagnosed at advanced stages, and less likely to survive CRC.

Uninsured Hispanics have the lowest screening rates of any group (11%).

Through this joint effort, Neighborhood Healthcare is reaching out to all its patients and focusing on Hispanic patients who may not understand the value of screening and scheduling a life-saving appointment.



## ADVANCING PRECISION MEDICINE

THE NATIONAL INSTITUTES OF HEALTH

Neighborhood Healthcare was one of 46 health centers in the nation to receive funding to partner with the National Institutes of Health for a precision medicine program.

Precision medicine is a revolutionary approach for disease prevention and treatment that takes into account individual differences in lifestyle, environment, and biology. The National Institutes of Health has launched the All of Us Research Program with the mission to accelerate health research and medical breakthroughs, enabling individualized prevention, treatment, and care for all of us. The goal is to enroll 1 million people from different backgrounds, races, ethnicities, ages, etc.

With new technology, researchers are beginning to look at how to develop treatments that are more precise based on the individual.

This year, Neighborhood Healthcare will begin educating and helping to enroll interested patients and community members in this important research.





Thanks to First 5
Riverside's funding,
children now have a
convenient place to
get a dental check up.
At school!

## PROVIDING DENTAL CARE FOR STUDENTS AT SCHOOL DURING SCHOOL HOURS

#### FIRST 5 RIVERSIDE PROVIDES FUNDING

Neighborhood Healthcare opened its Hemet health center almost 3 years ago and the agency has found that its pediatric patients get needed medical care but very often children don't see a dentist at our Hemet Dental Center.

Thanks to First 5 Riverside's funding, children now have a convenient place to get a dental check up. At school!

Neighborhood Healthcare's school dental clinics are a community-based health delivery system that provides risk-based preventive and early intervention therapeutic services. When complex dental treatment is necessary, the Neighborhood Healthcare dental team connects patients to a dental center or refers them to their existing dental home.

Now many students are hoping to join the No Cavity Club at school! Thank you First 5 Riverside.

#### GIVE THE GIFT OF GOOD HEALTH

We are grateful for the generosity of individual donors, foundations and corporate partners. With your help, Neighborhood Healthcare is able provide essential health. dental and behavioral healthcare services to the most vulnerable families.

#### What your gift provides:

- \$500 Covers the cost of medications for 25 children.
- \$250 Pays for five children to see a behavioral healthcare professional.
- \$100 Pays for a child's dental exam, x-rays, cleaning, sealants and education to prevent cavities in the future.
- \$50 Pays for three visits to a health educator for a mom and child to learn about healthy eating and weight management.
- \$25 Covers the cost of colorectal screening tests for three uninsured patients.

A giving envelope is provided with this newsletter if you would like to mail your contribution. If you prefer to give online, please visit http://www.nhcare.org/donations or call Connie Burke, Director of Philanthropy and Communications at 760-520-8365.





#### SENIOR PEER PROGRAM

Neighborhood Healthcare created its Senior Peer Program to provide social support and to connect Latino seniors. This program reduces the isolation of older adults within the community by creating meaningful connections with their neighbors. More than 52 seniors now spend Fridays together. Some have been coming to the program more than 13 years and wouldn't think about missing special time with friends and learning more about various healthcare topics.

"I'm so happy to be here. It energizes me!" said Gloria Herrera who has been enjoying the program for 7 years.



Members of our Senior Peer Program volunteering for National Health Center Week say "Hip Hip Hooray" when talking about the fun field trips Neighborhood Healthcare hosts every year.

## Future Leaders



Students shadow
Neighborhood Healthcare
doctors, podiatrists,
physician assistants,
medical assistants,
dentists and dental
assistants to experience
day-to-day tasks.

## WHAT DO I WANT TO DO WHEN I GROW UP?

It's a question that every boy and girl asks themselves: What do I want to do when I grow up?

To help high school students answer that question, Neighborhood Healthcare and Escondido COMPACT have partnered together for 12 years organizing an annual Job Shadow Day.

By participating in Job Shadow Day, Escondido High School students ages 16-18 are able to explore their future career goals in a real world setting.

These students shadow Neighborhood Healthcare doctors, podiatrists, physician assistants, medical assistants, dentists and dental assistants to experience day-to-day tasks.

This program has inspired the lives of 180 local teens. One student said she wanted be a midwife and deliver babies while another student said it helped him decide that medicine is not for him.











## Because Our Youth Matter



"We've been busy at our new center and the community is finding a haven for not only their medical needs but unmet social needs and behavioral health care needs. Word of mouth is the most common way patients are finding out about the center now and we are grateful we are filling such a tremendous need in the community."

## WHAT'S HAPPENING AT THE GOLD FAMILY HEALTH CENTER

#### **Pediatric Behavioral Health Services**

The pediatric behavioral health services we offer at Poway (and at most of our 14 locations) are for children and adolescents of all ages and ethnic backgrounds. I have seen two children in particular who witnessed their father being taken by a drug cartel in Northern Mexico and they are suffering with Post Traumatic Stress Disorder (PTSD). Also, some of the Iraqi children we see are being treated for PTSD as well.

Our staff is bicultural and/or bilingual, fully trained, licensed, board certified, and local to national experts in the field of children's mental health.

We treat mild to severe mental illnesses including but not limited to depression, mood disorders, psychosis, anxiety, behavioral issues related to autism, and academic difficulties related to mental illnesses. Please email us at connieb@nhcare.org if you would like to talk to me about our services and the possibility of sponsoring life-changing and life-saving care for a child or teen. -Dr. Alejandra Postlethwaite

#### Give the Gift of Good Mental Health

You can give online at https://www.nhcare.org/donations A donation of \$250 covers the cost of 5 Behavioral Healthcare Visits

We help our patients:

- Take the necessary steps (when they are ready) to leave a violent home life and seek a new life where safety is a priority
- Help the homeless re-establish a home and self-sufficency
- · Better cope with anxiety and depression
- Get needed treatment for Post-Traumatic Stress Syndrome
- Understand and help treat behavioral health Issues related to autism

## Social Determinants of Health

## BEYOND A MEDICAL APPOINTMENT: MEETING UNMET SOCIAL NEEDS

"I'm the Complex Care Resource Specialist at the Gold Family Health Center. My job is to meet with every patient, have a conversation with them and screen for unmet social needs. Recently after meeting with a Poway patient, he said, 'I am so happy I came in here. I didn't know you existed. Not only did I get to see a doctor but I got help looking for a job."

Since April, we're finding that our patients who have CalFresh run out of food before the end of the month so we connect them with a local food pantry or give them a \$25 gift card to a grocery store. We are grateful for these cards generously supplied by Friends and Families Community Connection located in Poway.

One patient I've recently been helping is a victim of domestic abuse. She only speaks Russian but we have wonderful translators. She takes every step we offer her and she is making progress in leaving a dangerous situation. We were able to provide her with a free cell phone since her phone at home is

constantly monitored. She comes to our center to meet Legal Aid (it's safer) and she has enrolled in CalFresh for groceries. She should be approved for affordable housing for herself and two children in a few weeks and she is enrolled in education courses at the Employment Development Department so she is on the way to becoming self-sufficient.





"I'm grateful we are able to assist our 66,000 patients beyond a medical appointment. We believe that unmet social needs prevent a person from achieving health and well being and we believe wellness is achieved through both good physical and mental health."

-Molly Hannegan,Complex Care ResourceSpecialist

## Financial Status

Neighborhood Healthcare had positive financial results in Fiscal Year 2018 resulting in a \$700,000 increase in net assets. Overall visits were in line with the previous year as we completed 280,905 patient visits during the year. With net assets of over \$44,000,000, a strong cash position and low debt structure, we are poised to leverage services and increase patient satisfaction in the upcoming year.

- Lisa Daigle Chief Financial Officer

#### STATEMENT OF FINANCIAL POSITION

June 30, 2018 and 2017

Assets Current Assets Property and Equipment Board Designated Endowment	total assets:	<b>2018</b> 29,604,577 26,066,933 1,934,809 57,606,319	<b>2017</b> 32,483,052 22,315,274 1,844,095 56,642,421
Liabilities & Net Assets Liabilities: Current Liabilities Long Term Debt  Net Assets:	total liabilities:	8,190,566 5,075,883 13,266,449	7,427,908 5,560,216 12,988,124
Unrestricted Temporarily Restricted	TOTAL NET ASSETS: TOTAL LIABILITIES & NET ASSETS:	44,339,870 	43,654,297 43,654,297 56,642,421

#### FINANCIAL GROWTH

Growth in Assets from 2014 - 2018							
	6/30/14	6/30/15	6/30/16	6/30/17	6/30/18		
Total Assets	\$36,615,092	\$41,111,893	\$47,500,355	\$56,642,421	\$57,606,319		
Net Assets	\$29,158,591	\$29,638,512	\$36,885,304	\$43,654,297	\$44,339,870		

#### STATEMENT OF ACTIVITIES

For the Years Ended June 30, 2018 and 2017

Revenue and Other Support Patient and third party revenues, net Capitalization Revenue Grant Revenue Donations Other TOTAL SUPPORT AND	2018 44,665,513 11,653,251 9,585,041 488,005 2,272,078 0 REVENUE: 68,663,888	2017 38,678,096 11,578,614 13,965,957 310,148 2,665,719 67,198,534
Expenses Personnel Contract Services	50,734,604 5,034,970	45,770,563 3,897,421
Supplies Communications Equipment Occupancy	3,749,027 334,319 2,842,276 2,396,620	3,701,205 366,850 2,413,1 <i>77</i> 1,750,555
Insurance Depreciation and amortization Other expenses TOTAL	164,567 1,129,893 1,592,038 EXPENSES: 67,978,314	179,208 915,189 1,435,373 60,429,541
Annual Patient Visits: Growth	<b>2018</b>	<b>2017</b>

Annual Patient Visits: Growth	2018	2017
Patient Service Fees	19,593	19,358
Medi-Cal (Fee for service and Managed Care)	221,316	223,239
Medicare	26,840	25,269
Public Insurance	11,002	12,186
Private Insurance	2,154	2,529
TOTAL PATIENT VISITS:	280,905	282,581

#### **OPERATIONAL BUDGET**

2015	2016	201 <i>7</i>	2018	2019
41,256,753	47,861,054	58,770,964	68,157,937	74,611,888

#### GROWTH AND VISION FOR THE FUTURE

#### GROWTH

FY	Annual Visits	Total Expenses	Total Assets	Total Net Assets
2014	243,774	39,146,009	36,615,092	29,158,591
2015	253,008	44,228,047	41,111,893	29,638,512
2016	271,151	50,707,522	47,500,355	36,885,304
2017	282,581	60,429,541	56,642,421	43,654,297
2018	280,905	67,978,314	57,606,319	44,339,870

VISITS BY PROGRAM

FY	Medical	Dental	Behavioral Health	TOTAL
2014	203,316	22,113	18,345	243,774
2015	205,939	20,142	26,927	253,008
2016	218,255	21,804	31,092	271,151
2017	224,594	21,439	36,548	282,581
2018	219,239	22,791	38,875	280,905

**VISITS BY PAYOR** 

dicare Public Private TOTAL Insurance Insurance	Medicare	Medi-Cal	Uninsured	FY
3,268 35,568 2,869 243,774	18,268	156,683	30,385	2014
2,909 14,336 1,972 253,008	19,909	197,590	19,201	2015
2,114 12,741 2,097 271,151	22,114	216,319	17,880	2016
5,269 12,186 2,529 282,581	25,269	223,239	19,358	2017
5,840 11,002 2,154 280,905	26,840	221,316	19,593	2018
2,114 12,741 2,097 271, 5,269 12,186 2,529 282,	22,114 25,269	216,319 223,239	1 <i>7</i> ,880 19,358	2016 201 <i>7</i>

REVENUE

FY	TOTAL	Patient Services	Federal Grant	Non-Gov't Grants & Contracts	Contributions	Other
2014	43,111,081	34,249,453	5,190,614	1,638,269	363,697	1,669,048
2015	45,138,162	38,202,442	4,503,679	1,257,914	379,000	795,127
2016	57,954,313	46,495,999	5,618,366	4,066,244	749,211	1,024,494
2017	67,198,534	50,256,710	6,134,236	7,831,721	310,148	2,665,719
2018	68,663,888	56,318,764	7,621,889	1,963,152	488,005	2,272,078

Neighborhood Healthcare is a 501 (c) (3) not-for-profit health care agency with 14 locations in San Diego and Riverside Counties.

We deeply value the generosity of our volunteers, charitable supporters and staff. Visit nhcare.org for more information. Call 760-520-8365 to schedule a tour or to discuss a donation. Federal Tax ID # 95-2796316

The financial information contained in this annual report represents a condensed version of the Fiscal Year 2018 audited financial statements. A complete set of the audited financial statements, with accompanying notes and report of independent accountant, is available at Neighborhood Healthcare's administrative offices.

## 14 Convenient Locations

## OVERVIEW OF SERVICES

Nationally, Community
Health Centers provide
care at 37% less cost than
other physician offices.

- Adult and Family Medicine
- Behavioral Healthcare
- Chiropractic Care
- Acupuncture
- Community Wellness Programs and Outreach
- Dental Care
- Retinal Screening
- Podiatry
- Tattoo Removal Program
- Case Management for Homeless patients
- Women's Health
- Prenatal Care
- Education for Pregnant Teens
- Pediatrics
- Pediatric Nutrition
   Wellness Program
- Child Psychiatry
- Outreach for Adults with Developmental Disabilities
- Teen Clinic
- Immunizations
- Healthcare Coverage assistance with Certified Enrolled Counselors

#### Visit nhcare.org for a complete list of locations and hours

#### **NEIGHBORHOOD HEALTHCARE ~ ADMINISTRATION OFFICE**

1540 E. Valley Parkway, Escondido, CA 92027 Tel: (760) 520-8300 Fax: (760) 737-2024

**Services:** Human Resources, Philanthropy, Compliance, Learning & Development, Executive staff

#### SAN DIEGO COUNTY HEALTH CENTERS

#### **NEIGHBORHOOD HEALTHCARE ~ EL CAJON**

855 E. Madison Ave, El Cajon, CA 92020 Tel: (619) 440-2751 Fax: (619) 440-2945

**Services:** All ages, Primary and Preventive Health Care, Pediatrics, Women's Health, Family Planning, Prenatal, Medi-Cal Application Assistance and Behavioral Health/ Counseling/Medication Management

#### **NEIGHBORHOOD HEALTHCARE ~ ESCONDIDO**

460 N. Elm St, Escondido, CA 92025 Tel: (760) 520-8100 Fax: (858) 633-4695

**Services:** Family Medicine, Pharmacy, Behavioral Health/Counseling/ Medication Management, Chiropractic, Pediatrics, Immunizations, Dental Screening, Diabetic Care

#### **NEIGHBORHOOD HEALTHCARE ~ FALLBROOK**

1309 S. Mission Road, Suite B, Fallbrook, CA 92028 Appointment Line: (760) 690-5900 Fax: (760) 731-1063

**Services:** Chiropractic Services

#### **NEIGHBORHOOD HEALTHCARE - GOLD FAMILY HEALTH CENTER**

13010 Poway Road, Poway, CA 92064

Tel: (858) 218-3000

**Services:** Adult and Pediatric Primary Care, Behavioral Health Services and Health Education

#### **NEIGHBORHOOD HEALTHCARE ~ GRAND AVENUE**

1001 E. Grand Ave, Escondido, CA 92025 Tel: (760) 520-8200 Fax: (760) 737-7898

**Services:** Adult Medicine, Geriatrics, Primary, Preventive & Chronic Health Care, Medication Management, Retinal Exams, Chronic Disease Education, Nutrition Education, Family Planning, Women's Health, STD Testing and Behavioral Health/Counseling.

#### **NEIGHBORHOOD HEALTHCARE ~ LAKESIDE**

10039 Vine Street, Lakeside, CA 92040 Tel: (619) 390-9975 Fax: (858) 633-4690

**Services:** Primary and Preventive Health Care, Chiropractic Services, Retinal Screenings, Pediatrics, Women's Health, Family Planning, Medi-cal application and Behavioral Health/Counseling/Medication Management

### NEIGHBORHOOD HEALTHCARE ~ PAUMA VALLEY

16650 Highway 76, P.O. Box 655 Pauma Valley, CA 92061 Tel: (760) 742-9919 Fax: (760) 742-9923

**Services:** All ages, Primary and Preventive Health Care, Pediatrics, Women's Health, Prenatal, Family Planning, Medi-Cal Application Assistance and Behavioral Health/ Counseling/Medication Management

**Dental Health Services:** Family Dentistry, Preventive and Restorative Dental Care, and Dental Health Education

#### **NEIGHBORHOOD HEALTHCARE ~ PEDIATRICS**

426 N. Date Street, Escondido, CA 92025 Tel: (760) 690-5900 Fax: (760) 747-9980

**Services:** Pediatrics, Immunizations, Behavioral Health/ Counseling, and Medi-Cal Application Assistance

#### **NEIGHBORHOOD HEALTHCARE ~ PRENATAL**

488 E. Valley Parkway, Suite 404 Escondido, CA 92025 Tel: (760) 466-9800 Fax: (760)466-1155

**Services:** Prenatal, Childbirth education classes, Lactation services, Medi-Cal Application Assistance.

## NEIGHBORHOOD HEALTHCARE ~ RAY M. DICKINSON WELLNESS CENTER

425 N. Date St., Escondido, CA 92025

**Community Services:** Medi-Cal Application Assistance (760) 520-8332 Dental Health Services: Family Dentistry, Preventive and Restorative Dental Care, and Dental Health Education

**Behavioral Health Services:** Counseling, Individual Therapy and Medication Management

### NEIGHBORHOOD HEALTHCARE ~ VALLEY PARKWAY

728 East Valley Parkway, Escondido, CA 92025 Tel: (760) 737-6900 Fax: (760) 741-9380

**Services:** Family medicine, Family Planning and related health services for women and men, Adolescent Wellness and Teen Clinic, Behavioral Health/Counseling/Medication Management, Immunizations and walk-in pregnancy testing

#### RIVERSIDE COUNTY HEALTH CENTERS

#### **NEIGHBORHOOD HEALTHCARE ~ HEMET**

903 E. Devonshire Avenue "D", Hemet, CA 92543 Tel: (951) 216-6100 Fax: (951) 765-3075

**Services:** All ages, Primary & Preventive Health Care, Dental Services, Pediatrics, Behavioral Health, Medi-Cal Application Assistance, Women's Health, and Family Planning

#### **NEIGHBORHOOD HEALTHCARE ~ MENIFEE**

26926-B Cherry Hills Boulevard Menifee, CA 92586

Tel: (951) 216-2200 Fax: (858) 633-4699

**Services:** All ages, Primary & Preventive Health Care, Pediatrics, Behavioral Health, Medi-Cal Application Assistance, Women's Health, Prenatal and Family Planning

#### **NEIGHBORHOOD HEALTHCARE ~ TEMECULA**

41840 Enterprise Circle North Temecula, CA 92590

Tel: (951) 225-6400 Fax: (951)870-4044

**Services:** All ages, Primary & Preventive Health Care, Pediatrics, Behavioral Health, Medi-Cal Application Assistance, Women's Health, Prenatal, Chiropractic Services and Family Planning





#### **MISSION**

Neighborhood Healthcare is committed to providing quality health care and promoting wellness to everyone in our communities, focusing on those most in need regardless of the ability to pay.

#### **VISION**

Neighborhood Healthcare will be a provider of choice in the community, an innovative leader in clinical outcomes, and an advocate for the underserved.

#### **VALUES**

Above and Beyond Compassion Generosity Integrity Teamwork Neighborhood Healthcare's
13th center opened last
May in Fallbrook, CA. Much
needed chiropractor care is
provided to the community
week days. Local residents
and Marines based at
Camp Pendleton have
found services to be
helpful, convenient
and affordable.



a california health, center

www.NHcare.org