MISSION

Neighborhood Healthcare is committed to providing quality health care and promoting wellness to everyone in our communities, focusing on those most in need regardless of the ability to pay.

Board of Directors
Johnny Watson, President
Cabiria “Bea” Lizarraga, Vice President
William Y. Smith, Treasurer
KC Schafer, Secretary
Alan Conrad, Director
Cynthia Tam, Director
Elmer Cameron, Director
Federico Salas, Director
Jesse Renteria, Director
Judith Descalso, Director
Nasir Al Sammaraie, Director
Raquel Miller, Director
This past year, Neighborhood Healthcare has continued to provide a high level of quality of care to its 66,000 patients in two counties in 14 locations. We have mirrored our work around the quadruple aim framework, which looks to improve the health of the population, enhance the patient experience, improve the clinician experience, while reducing costs.

- We have always been a leader in providing comprehensive diabetes care. We were early adopters of the Project Dulce model, utilizing nurses who are certified diabetic educators to provide robust diabetes care. We expanded the model to include retinal photography to detect diabetic eye disease, and this year have added podiatry services with the goal of preventing amputations.

- We have been actively seeking collaborative partners in the community to better leverage the services we all provide. We have deepened our partnership with Interfaith, giving us a greater ability to help our patients with their unmet social needs.

- Receiving health care at Neighborhood Healthcare is much more than primary, dental and mental health care. These services are a given, but truly our goal is to help move our patients from sickness to wellness, from having unmet social needs to being on equal footing. In the end, we will always continue to make sure healthcare is a right and not a privilege.

Sincerely,

Dr. Rakesh Patel
CEO Rakesh Patel, MD, FAFP, CPE
GOLD FAMILY HEALTHCARE CENTER OPENS IN POWAY

Since April 2018

• 1,800 patients have been seen at Poway totalling 4,449 visits.
• 722 of these visits were Behavioral Health visits with youth 18-years-old or younger
• Every patient is screened for 10 social determinants of health
• Many of our patients are monolingual. They speak English, Spanish, Russian, Arabic, Bangla and Tagalog.

HOW ARE WE DOING?

“The staff here is amazing in every way. Thank you all!!! —Cyndi”

“They were so helpful and had a great greeting and made Liz feel very comfortable. The Dr. was very nice and Liz really liked her. Thank you for the great service you gave to this special needs adult. —Patty Bigler Care Provider.”

“Excellent service. Everyone was extremely helpful. Of note, Edwin was awesome!”

“Because I’ve been helped always so nicely and all my appointments have been on time, Dr. Sauriol has been so accurate and helpful with my conditions. Personnel is great. I get a reminder for all my appointments—no problem in getting my prescriptions.”
Community health centers like Neighborhood Healthcare comprise the US’s core health-safety net and provide primary care to anyone who walks through their doors. However, access to specialty care for community health center patients has been a big challenge due to funding and long waiting lists at local specialty centers.

These services are critical for continued and consistent recovery or health maintenance and it has been Neighborhood Healthcare’s priority to provide affordable specialty services at the same location where a patient sees their doctor.

Last year, Neighborhood Healthcare succeeded in bringing affordable specialty care—chiropractic care, acupuncture and podiatry—to thousands of patients at its 14 health centers.

Having a podiatrist provide patients with education about the important of avoiding any infection that could lead to an amputation is making a big impact with diabetic patients. For those patients suffering from chronic pain, chiropractic care and acupuncture can often provide desired relief with little to no cost to patients.

In addition to better healthcare outcomes, community health center patients are no longer seeking out Emergency Centers for back pain, migraines or wound care. Both the patient and entire community benefits when there is easy and affordable access to specialty care.
20TH ANNUAL PACE SETTER SUCCESSFULLY RAISES FUNDS FOR PATIENTS

The 20th annual Pace Setter gala was a great success. Thanks to our generous sponsors, volunteers and attendees, we raised $280,110 for patient care at the Gold Family Health Center in Poway and unfunded care for patients at all our 14 health centers. A special thank you goes to our title sponsors Vantage Healthcare and BioMed Realty.

Email Connie Burke at connieb@nhcare.org for sponsorship opportunities.

21ST ANNUAL PACE SETTER GALA
Celebrating 50 Years

JUNE 1, 2019 • 5:30PM - 9:00PM
Orfila Vineyards and Winery
Escondido, CA

Save the Date

21ST ANNUAL PACE SETTER GALA
Saturday, June 1, 2019
5:30 – 9:00 pm
Orfila Vineyards
Escondido, CA
Gabriela* had just relocated to the United States with her 5-year-old-son, Danny, when she received an enrollment packet from her son’s elementary school.

She does not speak English and found that enrolling her son into public school required many steps and healthcare exams.

She was overwhelmed, afraid, and concerned about not meeting the school’s enrollment deadline, since neither she nor her son were covered by health insurance nor could she afford medical and dental visits.

The elementary school counselor referred Gabriela to Neighborhood Healthcare (NHcare). When she was told that her son had cavities, she was afraid that school officials would not let her son attend school.

With the assistance of Neighborhood Healthcare’s Certified Enrollment Counselor, Gabriela was able to get the medical and dental care she needed for her son and enroll her son in school before the deadline.

“Thank you so much for helping me and my son. I am grateful he is in school and learning,” she said.

*Patient asked that her real name not be used for this story.
Neighborhood Healthcare (NHcare) has a robust Behavioral Health Department providing a wide range of services that are now available to Interfaith clients. The two agencies formed an alliance this past year deepening their existing partnership to combine unique resources that support some of the most vulnerable clients and patients with complex needs. This formal partnership is streamlining care for Neighborhood Healthcare patients by connecting them to Interfaith’s continuum of substance abuse services including detox, residential housing, transportation, employment, senior services and more.

Neighborhood Healthcare offers Interfaith clients medical, dental and behavioral healthcare services and collaborates coordination of care. Some of this work has been grant funded thanks to the Escondido Charitable Foundation, however, future funding is needed to continue this partnership.

“By working closely together, this unique partnership seeks to address the social determinants of health that contribute to a person’s well-being, thus creating a healthier community.”

—Greg Angela, CEO Interfaith Community Services

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SAVING LIVES
INCREASING TIMELY CANCER SCREENING FOR HISPANIC PATIENTS: UNIVERSITY OF CALIFORNIA, SAN DIEGO (UCSD)

Neighborhood Healthcare partnered with UCSD this past year through the “Colorectal Screening Strategies for Community Health Centers” research grant that was funded by the American Cancer Society Research Scholar program.

Colorectal Cancer (CRC) is the second leading cause of cancer death in the United States, but convincing evidence shows that CRC screening can reduce CRC incidence and mortality.

Compared to non-Hispanic Whites, Hispanics are more likely to be diagnosed at advanced stages, and less likely to survive CRC.

Uninsured Hispanics have the lowest screening rates of any group (11%).

Through this joint effort, Neighborhood Healthcare is reaching out to all its patients and focusing on Hispanic patients who may not understand the value of screening and scheduling a life-saving appointment.

ADVANCING PRECISION MEDICINE
THE NATIONAL INSTITUTES OF HEALTH

Neighborhood Healthcare was one of 46 health centers in the nation to receive funding to partner with the National Institutes of Health for a precision medicine program.

Precision medicine is a revolutionary approach for disease prevention and treatment that takes into account individual differences in lifestyle, environment, and biology. The National Institutes of Health has launched the All of Us Research Program with the mission to accelerate health research and medical breakthroughs, enabling individualized prevention, treatment, and care for all of us. The goal is to enroll 1 million people from different backgrounds, races, ethnicities, ages, etc.

With new technology, researchers are beginning to look at how to develop treatments that are more precise based on the individual.

This year, Neighborhood Healthcare will begin educating and helping to enroll interested patients and community members in this important research.
Neighborhood Healthcare opened its Hemet health center almost 3 years ago and the agency has found that its pediatric patients get needed medical care but very often children don’t see a dentist at our Hemet Dental Center.

Thanks to First 5 Riverside’s funding, children now have a convenient place to get a dental check up. At school!

Neighborhood Healthcare’s school dental clinics are a community-based health delivery system that provides risk-based preventive and early intervention therapeutic services. When complex dental treatment is necessary, the Neighborhood Healthcare dental team connects patients to a dental center or refers them to their existing dental home.

Now many students are hoping to join the No Cavity Club at school! Thank you First 5 Riverside.
GIVE THE GIFT OF GOOD HEALTH

We are grateful for the generosity of individual donors, foundations and corporate partners. With your help, Neighborhood Healthcare is able provide essential health, dental and behavioral healthcare services to the most vulnerable families.

What your gift provides:

$500 - Covers the cost of medications for 25 children.

$250 - Pays for five children to see a behavioral healthcare professional.

$100 - Pays for a child’s dental exam, x-rays, cleaning, sealants and education to prevent cavities in the future.

$50 - Pays for three visits to a health educator for a mom and child to learn about healthy eating and weight management.

$25 - Covers the cost of colorectal screening tests for three uninsured patients.

A giving envelope is provided with this newsletter if you would like to mail your contribution. If you prefer to give online, please visit http://www.nhcare.org/donations or call Connie Burke, Director of Philanthropy and Communications at 760-520-8365.

SENIOR PEER PROGRAM

Neighborhood Healthcare created its Senior Peer Program to provide social support and to connect Latino seniors. This program reduces the isolation of older adults within the community by creating meaningful connections with their neighbors. More than 52 seniors now spend Fridays together. Some have been coming to the program more than 13 years and wouldn’t think about missing special time with friends and learning more about various healthcare topics.

“I’m so happy to be here. It energizes me!” said Gloria Herrera who has been enjoying the program for 7 years.
WHAT DO I WANT TO DO WHEN I GROW UP?

It’s a question that every boy and girl asks themselves: What do I want to do when I grow up?

To help high school students answer that question, Neighborhood Healthcare and Escondido COMPACT have partnered together for 12 years organizing an annual Job Shadow Day.

By participating in Job Shadow Day, Escondido High School students ages 16-18 are able to explore their future career goals in a real world setting.

These students shadow Neighborhood Healthcare doctors, podiatrists, physician assistants, medical assistants, dentists and dental assistants to experience day-to-day tasks.

This program has inspired the lives of 180 local teens. One student said she wanted be a midwife and deliver babies while another student said it helped him decide that medicine is not for him.
12 Neighborhood Healthcare

Pediatric Behavioral Health Services

The pediatric behavioral health services we offer at Poway (and at most of our 14 locations) are for children and adolescents of all ages and ethnic backgrounds. I have seen two children in particular who witnessed their father being taken by a drug cartel in Northern Mexico and they are suffering with Post Traumatic Stress Disorder (PTSD). Also, some of the Iraqi children we see are being treated for PTSD as well.

Our staff is bicultural and/or bilingual, fully trained, licensed, board certified, and local to national experts in the field of children’s mental health.

We treat mild to severe mental illnesses including but not limited to depression, mood disorders, psychosis, anxiety, behavioral issues related to autism, and academic difficulties related to mental illnesses. Please email us at connieb@nhcare.org if you would like to talk to me about our services and the possibility of sponsoring life-changing and life-saving care for a child or teen.

—Dr. Alejandra Postlethwaite

“**We’ve been busy at our new center and the community is finding a haven for not only their medical needs but unmet social needs and behavioral health care needs. Word of mouth is the most common way patients are finding out about the center now and we are grateful we are filling such a tremendous need in the community.**”

**Give the Gift of Good Mental Health**

You can give online at [https://www.nhcare.org/donations](https://www.nhcare.org/donations)

A donation of $250 covers the cost of 5 Behavioral Healthcare Visits

We help our patients:

- Take the necessary steps (when they are ready) to leave a violent home life and seek a new life where safety is a priority
- Help the homeless re-establish a home and self-sufficiency
- Better cope with anxiety and depression
- Get needed treatment for Post-Traumatic Stress Syndrome
- Understand and help treat behavioral health issues related to autism
BEYOND A MEDICAL APPOINTMENT: MEETING UNMET SOCIAL NEEDS

“I’m the Complex Care Resource Specialist at the Gold Family Health Center. My job is to meet with every patient, have a conversation with them and screen for unmet social needs. Recently after meeting with a Poway patient, he said, ‘I am so happy I came in here. I didn’t know you existed. Not only did I get to see a doctor but I got help looking for a job’.

Since April, we’re finding that our patients who have CalFresh run out of food before the end of the month so we connect them with a local food pantry or give them a $25 gift card to a grocery store. We are grateful for these cards generously supplied by Friends and Families Community Connection located in Poway.

One patient I’ve recently been helping is a victim of domestic abuse. She only speaks Russian but we have wonderful translators. She takes every step we offer her and she is making progress in leaving a dangerous situation. We were able to provide her with a free cell phone since her phone at home is constantly monitored. She comes to our center to meet Legal Aid (it’s safer) and she has enrolled in CalFresh for groceries. She should be approved for affordable housing for herself and two children in a few weeks and she is enrolled in education courses at the Employment Development Department so she is on the way to becoming self-sufficient.

“I’m grateful we are able to assist our 66,000 patients beyond a medical appointment. We believe that unmet social needs prevent a person from achieving health and well being and we believe wellness is achieved through both good physical and mental health.”

—Molly Hannegan, Complex Care Resource Specialist
Financial Status

Neighborhood Healthcare had positive financial results in Fiscal Year 2018 resulting in a $700,000 increase in net assets. Overall visits were in line with the previous year as we completed 280,905 patient visits during the year. With net assets of over $44,000,000, a strong cash position and low debt structure, we are poised to leverage our assets to expand services and increase patient satisfaction in the upcoming year.

– Lisa Daigle
Chief Financial Officer

STATEMENT OF FINANCIAL POSITION
June 30, 2018 and 2017

Assets
<table>
<thead>
<tr>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Assets</td>
<td>29,604,577</td>
</tr>
<tr>
<td>Property and Equipment</td>
<td>26,066,933</td>
</tr>
<tr>
<td>Board Designated Endowment</td>
<td>1,934,809</td>
</tr>
<tr>
<td>TOTAL ASSETS:</td>
<td>57,606,319</td>
</tr>
</tbody>
</table>

Liabilities & Net Assets
<table>
<thead>
<tr>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Liabilities</td>
<td>8,190,566</td>
</tr>
<tr>
<td>Long Term Debt</td>
<td>5,075,883</td>
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<tr>
<td>TOTAL LIABILITIES:</td>
<td>13,266,449</td>
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</table>

Net Assets:
<table>
<thead>
<tr>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>44,339,870</td>
</tr>
<tr>
<td>Temporarily Restricted</td>
<td></td>
</tr>
<tr>
<td>TOTAL NET ASSETS:</td>
<td>44,339,870</td>
</tr>
</tbody>
</table>

TOTAL LIABILITIES & NET ASSETS: 57,606,319 56,642,421

FINANCIAL GROWTH
Growth in Assets from 2014 - 2018

<table>
<thead>
<tr>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>$36,615,092</td>
<td>$41,111,893</td>
<td>$47,500,355</td>
<td>$56,642,421</td>
<td>$57,606,319</td>
</tr>
<tr>
<td>$29,158,591</td>
<td>$29,638,512</td>
<td>$36,885,304</td>
<td>$43,654,297</td>
<td>$44,339,870</td>
</tr>
</tbody>
</table>

STATEMENT OF ACTIVITIES
For the Years Ended June 30, 2018 and 2017

Revenue and Other Support
<table>
<thead>
<tr>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient and third party revenues, net</td>
<td>44,665,513</td>
</tr>
<tr>
<td>Capitalization Revenue</td>
<td>11,653,251</td>
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<tr>
<td>Grant Revenue</td>
<td>9,585,041</td>
</tr>
<tr>
<td>Donations</td>
<td>488,005</td>
</tr>
<tr>
<td>Other</td>
<td>2,722,078</td>
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<tr>
<td>TOTAL SUPPORT AND REVENUE:</td>
<td>68,663,888</td>
</tr>
</tbody>
</table>

Expenses
<table>
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<tr>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel</td>
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<tr>
<td>Contract Services</td>
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<tr>
<td>Supplies</td>
<td>3,749,027</td>
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<tr>
<td>Communications</td>
<td>334,319</td>
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<tr>
<td>Equipment</td>
<td>2,842,276</td>
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<tr>
<td>Occupancy</td>
<td>2,396,620</td>
</tr>
<tr>
<td>Insurance</td>
<td>164,567</td>
</tr>
<tr>
<td>Depreciation and amortization</td>
<td>1,129,893</td>
</tr>
<tr>
<td>Other expenses</td>
<td>1,592,038</td>
</tr>
<tr>
<td>TOTAL EXPENSES:</td>
<td>67,978,314</td>
</tr>
</tbody>
</table>

Annual Patient Visits: Growth
<table>
<thead>
<tr>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>41,256,753</td>
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<td>58,770,964</td>
<td>68,157,937</td>
<td>74,611,888</td>
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</tbody>
</table>

OPERATIONAL BUDGET
The financial information contained in this annual report represents a condensed version of the Fiscal Year 2018 audited financial statements. A complete set of the audited financial statements, with accompanying notes and report of independent accountant, is available at Neighborhood Healthcare’s administrative offices.

### GROWTH AND VISION FOR THE FUTURE

**GROWTH**

<table>
<thead>
<tr>
<th>FY</th>
<th>Annual Visits</th>
<th>Total Expenses</th>
<th>Total Assets</th>
<th>Total Net Assets</th>
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</thead>
<tbody>
<tr>
<td>2014</td>
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<td>39,146,009</td>
<td>36,615,092</td>
<td>29,158,591</td>
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<tr>
<td>2015</td>
<td>253,008</td>
<td>44,228,047</td>
<td>41,111,893</td>
<td>29,638,512</td>
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<td>2016</td>
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<td>50,707,522</td>
<td>47,500,355</td>
<td>36,885,304</td>
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<tr>
<td>2017</td>
<td>282,581</td>
<td>60,429,541</td>
<td>56,642,421</td>
<td>43,654,297</td>
</tr>
<tr>
<td>2018</td>
<td>280,905</td>
<td>67,978,314</td>
<td>57,606,319</td>
<td>44,339,870</td>
</tr>
</tbody>
</table>

### VISITS BY PROGRAM

<table>
<thead>
<tr>
<th>FY</th>
<th>Medical</th>
<th>Dental</th>
<th>Behavioral Health</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>203,316</td>
<td>22,113</td>
<td>18,345</td>
<td>243,774</td>
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<tr>
<td>2015</td>
<td>205,939</td>
<td>20,142</td>
<td>26,927</td>
<td>253,008</td>
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<tr>
<td>2016</td>
<td>218,255</td>
<td>21,804</td>
<td>31,092</td>
<td>271,151</td>
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<tr>
<td>2017</td>
<td>224,594</td>
<td>21,439</td>
<td>36,548</td>
<td>282,581</td>
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<tr>
<td>2018</td>
<td>219,239</td>
<td>22,791</td>
<td>38,875</td>
<td>280,905</td>
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</table>

### VISITS BY PAYOR

<table>
<thead>
<tr>
<th>FY</th>
<th>Uninsured</th>
<th>Medi-Cal</th>
<th>Medicare</th>
<th>Public Insurance</th>
<th>Private Insurance</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>30,385</td>
<td>156,683</td>
<td>18,268</td>
<td>35,568</td>
<td>2,869</td>
<td>243,774</td>
</tr>
<tr>
<td>2015</td>
<td>19,201</td>
<td>197,590</td>
<td>19,909</td>
<td>14,336</td>
<td>1,972</td>
<td>253,008</td>
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<tr>
<td>2016</td>
<td>17,880</td>
<td>216,319</td>
<td>22,114</td>
<td>12,741</td>
<td>2,097</td>
<td>271,151</td>
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<tr>
<td>2017</td>
<td>19,358</td>
<td>223,239</td>
<td>25,269</td>
<td>12,186</td>
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<td>282,581</td>
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<tr>
<td>2018</td>
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<td>26,840</td>
<td>11,002</td>
<td>2,154</td>
<td>280,905</td>
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</table>

### REVENUE

<table>
<thead>
<tr>
<th>FY</th>
<th>TOTAL</th>
<th>Patient Services</th>
<th>Federal Grant</th>
<th>Non-Gov’t Grants &amp; Contracts</th>
<th>Contributions</th>
<th>Other</th>
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<tbody>
<tr>
<td>2014</td>
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<td>2015</td>
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<td>4,503,679</td>
<td>1,257,914</td>
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<tr>
<td>2016</td>
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<td>46,495,999</td>
<td>5,618,366</td>
<td>4,066,244</td>
<td>749,211</td>
<td>1,024,494</td>
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<tr>
<td>2017</td>
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<td>50,256,710</td>
<td>6,134,236</td>
<td>7,831,721</td>
<td>310,148</td>
<td>2,665,719</td>
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<tr>
<td>2018</td>
<td>68,663,888</td>
<td>56,318,764</td>
<td>7,621,889</td>
<td>1,963,152</td>
<td>488,005</td>
<td>2,272,078</td>
</tr>
</tbody>
</table>

Neighborhood Healthcare is a 501 (c) (3) not-for-profit health care agency with 14 locations in San Diego and Riverside Counties.

We deeply value the generosity of our volunteers, charitable supporters and staff. Visit nhcare.org for more information. Call 760-520-8365 to schedule a tour or to discuss a donation. Federal Tax ID # 95-2796316
OVERVIEW OF SERVICES

Nationally, Community Health Centers provide care at 37% less cost than other physician offices.

- Adult and Family Medicine
- Behavioral Healthcare
- Chiropractic Care
- Acupuncture
- Community Wellness Programs and Outreach
- Dental Care
- Retinal Screening
- Podiatry
- Tattoo Removal Program
- Case Management for Homeless patients
- Women’s Health
- Prenatal Care
- Education for Pregnant Teens
- Pediatrics
- Pediatric Nutrition Wellness Program
- Child Psychiatry
- Outreach for Adults with Developmental Disabilities
- Teen Clinic
- Immunizations
- Healthcare Coverage assistance with Certified Enrolled Counselors

Visit nhcare.org for a complete list of locations and hours

NEIGHBORHOOD HEALTHCARE - ADMINISTRATION OFFICE
1540 E. Valley Parkway, Escondido, CA 92027
Tel: (760) 520-8300 Fax: (760) 737-2024
Services: Human Resources, Philanthropy, Compliance, Learning & Development, Executive staff

SAN DIEGO COUNTY HEALTH CENTERS

NEIGHBORHOOD HEALTHCARE - EL CAJON
855 E. Madison Ave, El Cajon, CA 92020
Tel: (619) 440-2751 Fax: (619) 440-2945
Services: All ages, Primary and Preventive Health Care, Pediatrics, Women’s Health, Family Planning, Prenatal, Medi-Cal Application Assistance and Behavioral Health/ Counseling/Medication Management

NEIGHBORHOOD HEALTHCARE - ESCONDIDO
460 N. Elm St, Escondido, CA 92025
Tel: (760) 520-8100 Fax: (858) 633-4695
Services: Family Medicine, Pharmacy, Behavioral Health/Counseling/ Medication Management, Chiropractic, Pediatrics, Immunizations, Dental Screening, Diabetic Care

NEIGHBORHOOD HEALTHCARE - FALLBROOK
1309 S. Mission Road, Suite B, Fallbrook, CA 92028
Appointment Line: (760) 690-5900 Fax: (760) 731-1063
Services: Chiropractic Services

NEIGHBORHOOD HEALTHCARE - GOLD FAMILY HEALTH CENTER
13010 Poway Road, Poway, CA 92064
Tel: (858) 218-3000
Services: Adult and Pediatric Primary Care, Behavioral Health Services and Health Education

NEIGHBORHOOD HEALTHCARE - GRAND AVENUE
1001 E. Grand Ave, Escondido, CA 92025
Tel: (760) 520-8200 Fax: (760) 737-7898
Services: Adult Medicine, Geriatrics, Primary, Preventive &Chronic Health Care, Medication Management, Retinal Exams, Chronic Disease Education, Nutrition Education, Family Planning, Women’s Health, STD Testing and Behavioral Health/Counseling.
NEIGHBORHOOD HEALTHCARE - LAKESIDE
10039 Vine Street, Lakeside, CA 92040
Tel: (619) 390-9975 Fax: (858) 633-4690
Services: Primary and Preventive Health Care, Chiropractic Services, Retinal Screenings, Pediatrics, Women’s Health, Family Planning, Medi-cal application and Behavioral Health/ Counseling/ Medication Management

NEIGHBORHOOD HEALTHCARE - PAUMA VALLEY
16650 Highway 76, P.O. Box 655
Pauma Valley, CA 92061
Tel: (760) 742-9919 Fax: (760) 742-9923
Services: All ages, Primary and Preventive Health Care, Pediatrics, Women’s Health, Prenatal, Family Planning, Medi-Cal Application Assistance and Behavioral Health/ Counseling/ Medication Management
Dental Health Services: Family Dentistry, Preventive and Restorative Dental Care, and Dental Health Education

NEIGHBORHOOD HEALTHCARE - PEDIATRICS
426 N. Date Street, Escondido, CA 92025
Tel: (760) 690-5900 Fax: (760) 747-9980
Services: Pediatrics, Immunizations, Behavioral Health/ Counseling, and Medi-Cal Application Assistance

NEIGHBORHOOD HEALTHCARE - PRENATAL
488 E. Valley Parkway, Suite 404
Escondido, CA 92025
Tel: (760) 466-9800 Fax: (760)466-1155
Services: Prenatal, Childbirth education classes, Lactation services, Medi-Cal Application Assistance.

NEIGHBORHOOD HEALTHCARE - RAY M. DICKINSON WELLNESS CENTER
425 N. Date St., Escondido, CA 92025
Community Services: Medi-Cal Application Assistance (760) 520-8332 Dental Health Services: Family Dentistry, Preventive and Restorative Dental Care, and Dental Health Education
Behavioral Health Services: Counseling, Individual Therapy and Medication Management

NEIGHBORHOOD HEALTHCARE - VALLEY PARKWAY
728 East Valley Parkway, Escondido, CA 92025
Tel: (760) 737-6900 Fax: (760) 741-9380
Services: Family medicine, Family Planning and related health services for women and men, Adolescent Wellness and Teen Clinic, Behavioral Health/Counseling/ Medication Management, Immunizations and walk-in pregnancy testing

RIVERSIDE COUNTY HEALTH CENTERS

NEIGHBORHOOD HEALTHCARE - HEMET
903 E. Devonshire Avenue “D”, Hemet, CA 92543
Tel: (951) 216-6100 Fax: (951) 765-3075
Services: All ages, Primary & Preventive Health Care, Dental Services, Pediatrics, Behavioral Health, Medi-Cal Application Assistance, Women’s Health, and Family Planning

NEIGHBORHOOD HEALTHCARE - MENIFEE
26926-B Cherry Hills Boulevard
Menifee, CA 92586
Tel: (951) 216-2200 Fax: (858) 633-4699
Services: All ages, Primary & Preventive Health Care, Pediatrics, Behavioral Health, Medi-Cal Application Assistance, Women’s Health, Prenatal and Family Planning

NEIGHBORHOOD HEALTHCARE - TEMECULA
41840 Enterprise Circle North
Temecula, CA 92590
Tel: (951) 225-6400 Fax: (951)870-4044
Services: All ages, Primary & Preventive Health Care, Pediatrics, Behavioral Health, Medi-Cal Application Assistance, Women’s Health, Prenatal, Chiropractic Services and Family Planning
MISSION

Neighborhood Healthcare is committed to providing quality health care and promoting wellness to everyone in our communities, focusing on those most in need regardless of the ability to pay.

VISION

Neighborhood Healthcare will be a provider of choice in the community, an innovative leader in clinical outcomes, and an advocate for the underserved.

VALUES

Above and Beyond
Compassion
Generosity
Integrity
Teamwork

Neighborhood Healthcare’s 13th center opened last May in Fallbrook, CA. Much needed chiropractor care is provided to the community week days. Local residents and Marines based at Camp Pendleton have found services to be helpful, convenient and affordable.

www.NHcare.org