

NEWSLETTER

Patient Zhu Shen: Thank You for Helping My Family

Neighborhood Healthcare patient Zhu Shen was living an affluent and peaceful life with her husband, Dr. Changyou Chen and their 10-year-old son, Perry, in Carmel Valley 7 years ago. Both Zhu and Changyou immigrated from China to seek degrees in the sciences.



They succeeded in achieving advanced degrees and were enjoying their happy family life and career success when Changyou was diagnosed with cancer. He was too ill to continue to work and the family lost their income and health insurance.

Fortunately the family found help and hope for Changyou at UCSD and for Zhu at Neighborhood Healthcare with Dr. James Schultz.

Changyou received treatment for two years but sadly he passed away. During this

difficult time in their life Zhu says, "Having Neighborhood Healthcare and Medi-Cal was truly a godsend and our family is tremendously grateful that we have a place to go to, people like me and my son, who never thought they would need a place like Neighborhood Healthcare. I want to say thank you to all the generous people who give donations that help families like ours. America is a country that truly cares for its people."



Thank you for your generous contributions this past year! Your donations provide peace of mind to parents like Zhu during challenging times. Knowing her family has a regular place to get compassionate care, makes life easier during difficult times.

Help a Mom Buy Books for Her Kids

This year, Neighborhood Healthcare pediatricians need help raising \$10,000 to provide 10,000 age-appropriate books to parents. Each book only costs a dollar.

The give-a-way program has one purpose: to impress upon a parent how important it is to read to their child every day.

Studies show that parents are 2.5 times more likely to read to their child daily if their pediatrician gives them a book with a prescription that says: "Read to your child every day. This is just as important to your child's healthy development as proper nutrition."



Thank you for your Donation! The holidays are more merry when you help a mother teach her children the joy of reading. Go to giveabooknhcare.org and make a difference in a child's life.

19th Annual Pace Setter Successfully Raises Funds

The 19th annual Pace Setter gala was a great success. Thanks to our generous sponsors, volunteers and attendees, we raised \$282,300 for patient care at The Gold Family Health Center in Poway and unfunded care for patients at all our 11 health centers. A special thank you goes to our title sponsors Vantage Healthcare, Alan and Debbie Gold and BioMed Realty.



SAVE THE DATE

Be sure to save the date for next year's gala.

20th Annual Pace Setter Gala
Saturday, June 9, 2018
5:30 – 9:00 pm
Orfilia Vineyards

One of Neighborhood Healthcare's Founders, Mrs. Ginny Thomas, attended the gala to wish CEO Tracy Ream a wonderful retirement after 31 years of dedicated service.

Helping Our Homeless Neighbors

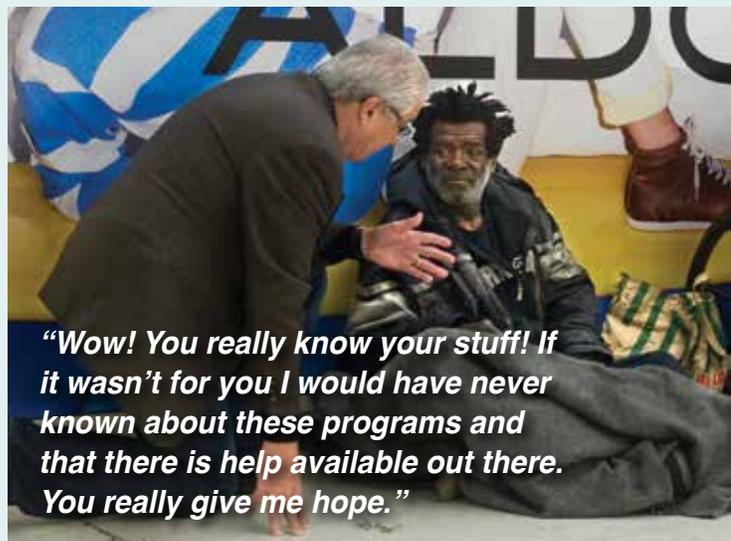
We are grateful for Escondido Community Foundation's grant this past year that funded Behavioral Healthcare visits for our homeless patients.

Neighborhood Healthcare also provides our homeless patients with medical care, immunizations to help keep them healthy and a case manager to help them access other community resources. Here are just a few patient comments:

"You guys are great! Thank you so much for all your help and for caring when no one else does. You really make a difference."

"What you guys are doing is awesome. Never before have I gotten this much help from a doctor's office. I'm glad I started coming here."

"I really appreciate you man! Thanks for linking us up with that program which was able to find my son a place to live. He's doing much better now knowing he won't end up back on the streets."



"Wow! You really know your stuff! If it wasn't for you I would have never known about these programs and that there is help available out there. You really give me hope."



After 31 years of service, CEO Tracy Ream retired this year. Neighborhood Healthcare's Board of Directors selected CEO Rakesh Patel, MD, FAAFP, CPE to serve as the organization's new CEO. Dr. Patel has worked at Neighborhood Healthcare the past 15+ years as a family physician, Director of Clinical Operations and member of the agency's Executive Committee.

A Note from Neighborhood Healthcare's New CEO

Dear Friends,

Thank you for providing peace of mind and needed healthcare to our patients this past year. Our patients include a mother caring for three toddlers who all need regular immunizations, wellness exams and dental care. Another patient is a pregnant teen who is scared and depressed. Her care with Neighborhood Healthcare includes meeting with a behavioral health counselor, getting a dental screening, attending prenatal care visits and taking classes to learn how to care for her newborn.

These patients like thousands of others are able to count on us when they need quality healthcare from compassionate staff during a challenging time in their life.

Because of your financial contributions and volunteer service, we were better able to serve 67,000 patients in San Diego and Riverside Counties this past year.

It is my honor to be part of an organization where hearts still guide our mission and where I am supported by the hardest working and most compassionate employees, leadership team and Board of Directors out there.

As Neighborhood Healthcare's CEO, my focus is simple: to help ensure our organization has the necessary resources and culture to provide exceptional healthcare to our patients in an environment of trust and compassion.

The past 48 years, we have proudly served our patients. In that time, we've built new facilities, expanded our services, upgraded technology and increased our medical, dental and behavioral healthcare staff—all in an effort to provide our patients with a better patient experience.

What unites us all—our donors, Board of Directors and 650+ employees—is our desire to offer great healthcare so that our patients' improved health makes a big difference in their life and they can focus on caring for their families and working and contributing to people and projects that are important to them.

As we start a new year, rest assured that our patients can continue to rely on us to do the very best we can for them, their loved ones and the communities we serve.

Sincerely,

CEO Rakesh Patel, MD, FAAFP, CPE



Judith A. Descalso, Volunteer of the Year

Honoring Our Volunteer of the Year

We are happy to honor Judith A. Descalso as Neighborhood Healthcare's Volunteer of the Year.

Judith is someone who is and has been key to Neighborhood Healthcare's past and future success and growth. During her 31+ years of service, she has provided critical guidance to the organization thanks to her legal and business expertise.

Judith's passion for Neighborhood Healthcare's mission is also evident through her contributions to the agency's annual gala. She and her fellow committee members raised \$600,000 to help build The Gold Family Health Center in Poway from Pace Setter Gala proceeds.

Finally, Judith's willingness to serve on a Search Committee to select Neighborhood Healthcare's next CEO was the ultimate gift of service.

Judith worked with fellow board members to find the right person who would enhance the agency's reputation, safeguard Neighborhood Healthcare's financial stability, honor its mission and vision and provide strong leadership to achieve the organization's future goals.

Congratulations Judith! You truly are a valued member of the Neighborhood Healthcare Family.



NEIGHBORHOOD HEALTHCARE

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Mission Statement – Neighborhood Healthcare is committed to providing quality health care and promoting wellness to everyone in our communities, focusing on those most in need regardless of the ability to pay.

Learn more at www.nhcare.org

>>> In the News



2017/18 Covered California Open Enrollment



Starts November 1, 2017 and
Ends January 31, 2018

For enrollment assistance,
please contact:

North Inland San Diego –
Damaris, 760-690-5907

El Cajon and Lakeside –
Maria, 619-440-7616, ext. 1218

Riverside County –
Elezabeth, 951-225-6477



The Gold Family Health Center Opens Next Year

Thank you for your support and generosity. If you would like to be invited to our Open House, please email connieb@nhcare.org.



Neighborhood Healthcare patients of all ages visited us for an open house last August to celebrate National Health Center Week.